

# Apple Turkey Gyro

A healthy twist on a classic Greek dish

## Ingredients

- 1cup sliced onion
- 1tablespoon lemon juice
- 2cups sliced red bell pepper
- 2cups sliced green bell pepper
- 1tablespoon vegetable oil
- ½pound turkey breast, cut into thin strips
- 1medium apple, cored and sliced
- 6whole wheat pitas, lightly toasted
- ½cup low fat plain yogurt (optional)

## Preparation

1. In a nonstick skillet, sauté onion, lemon juice, and bell peppers in oil until crisp-tender.
2. Stir in turkey and cook until turkey is fully cooked. Remove from heat and stir in apple.
3. Fold pita in half and fill with apple mixture; drizzle with yogurt. Serve warm.



USDA is an equal opportunity provider and employer.

3	4	5	6	7
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
10	11	12	13	14
Honey Ribb-Q On Wheat Bun 100% Mozzarella Cheese Pizza Crispy Chicken Salad	WG Grilled Cheese Sandwich WG Beef Spaghetti w/ Dinner Roll Peppi Pizza Salad	<b>SACK LUNCH</b>	100% Beef Patty or Garden Burger Breakfast 4 Lunch Waffles & sausage Taco Salad with Beef or Vegetables	Trout Treasures Over Rice Cheesy Bean Burrito Fruit & Yogurt Parfait <b>COOKIE DAY</b>
17	18	19	20	21
WG Chicken Nuggets Over Brown Rice 100% Mozzarella Cheese Pizza Chef Salad	WG Corn Dog w/ Potato Smiles 100% Beef Cheese Burger Roasted Turkey Sub sandwich	<b>SACK LUNCH</b>	Crispy Chicken Patty Sandwich Teriyaki Dippers Over Rice Ham & Cheese Sub Sandwich	Tuna Sandwich Turkey Hot Dog w/ Potato Smiles Fruit & Yogurt Parfait
24	25	26	27	28
Honey Ribb-Q On Wheat Bun 100% Mozzarella Cheese Pizza Crispy Chicken Salad	WG Grilled Cheese Sandwich WG Beef Spaghetti w/ Dinner Roll Peppi Pizza Salad Treat Day	<b>SACK LUNCH</b>	100% Beef Patty or Garden Burger Breakfast 4 Lunch Waffles & sausage Taco Salad with Beef or Vegetables	Trout Treasures Over Rice Cheesy Bean Burrito Fruit & Yogurt Parfait

We Offer a variety of fresh fruits and veggies daily

1% White Milk  
Non Fat Flavored Milk

