

FALL MENU AUG-NOV 2017 DIXON MONTESSORI CHARTER SCHOOL

WELCOME BACK TO SCHOOL

The Child Nutrition Department is made up of a team of friendly food staff that are dedicated to students' health, well-being and their ability to learn. We support learning by promoting healthy habits for lifelong nutrition and fitness practices.

Meals, foods and beverages sold or served at schools meet state and federal requirements which are based on the [USDA](#) Dietary Guidelines. We provide students with access to a variety of affordable and appealing foods that meet the health and nutrition needs of students.

Pre-Payment Options

Please take advantage of the options to prepay your student's meal accounts. Prepaid meal accounts help the lunch lines go faster and gives students more time to eat, relax, and play. It also gives you the peace of mind of not having to worry about looking for lunch money every day or worry that it might get lost, stolen or used for other things other than lunch. For more information stop by the office.

MEAL APPLICATIONS

Free and Reduced Price Meals are available to families who believe they may qualify. If your family chooses to apply please complete a "**Free and Reduced Meal Price Application Form.**" The forms can be obtained and returned (completed) to the school office.

USDA is an equal opportunity provider and employer.

MONDAY1	TUESDAY	WEEDSDAY	THURSDAY	FRIDAY
				
Honey Ribb-Q On Wheat Bun 50/50 WG pepperoni Pizza Crispy Chicken Salad	Chicken Patty Sandwich Grilled Cheese Sandwich Taco Salad	Sack Lunch	Honey Glazed Chicken Drumstick W/Mashed Potatoes 100% Beef Hamburger Chef Salad	Mini Chicken Tacos Hot Dog with Potato Smiles Fruit & Yogurt Parfait
WG Chicken Nuggets Over Brown Rice 50/50 WG Pepperoni Pizza Taco Salad	Spaghetti and Meat sauce W/ Dinner Roll Chili Cheese Wrap Ham & Cheese Sub sandwich	Sack Lunch	Chicken Tenders W/ Potato Smiles 100% Beef Cheese Burger Ham & Cheese Sub Sandwich	WG Corn Dog w/ Potato Smiles Cheesy Bean Burrito Fruit & Yogurt Parfait
		We Offer a Fresh Fruits and Vegetable Salad Bar Daily **Seasonal Fruits & Vegetables When Available		1% White Milk Non Fat Flavored Milk *Menu Subject To Change
Garden Salad Apples Oranges Green Beans X-Ray Vision Carrots	Caesar Salad Apples Oranges Cherry Tomatoes Corn		Caesar Salad Apples Oranges Fresh Broccoli Celery Sticks X-Ray Vision Carrots	Garden Salad Apples Oranges Cherry Tomatoes Green Peas Broccoli Florets