



Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder Health Care Plan

Name: _____ D.O.B.: _____ Date: _____

Health Condition(s): **Attention Deficit Disorder(ADD)** is a learning disability which is physically based and is characterized by a pervasive inability to attend to an activity for a developmentally appropriate time.

Attention Deficit Hyperactivity Disorder(ADHD) is ADD with associated increased activity level, distractibility, and impulsiveness.

Medication(s) At School: _____ Dose: _____ Time: _____

Medication(s) At Home: _____

1. Potential for ADD/ADHD to impact learning style
 - a. Classroom modifications may include accommodations for:
 - i. **Attention:** seat assignment (quiet, away from distractions), shorten assignments, break time, one assignment at a time, reduce repetitious homework, make eye contact, written outline, cue student to stay on task.
 - ii. **Impulsiveness:** ignore minor impulsive behavior, supervise during transition times, reward positive behavior, pair student with good role model, behavior contract.
 - iii. **Motor Activity:** allow student to change position periodically, shorten breaks, extra time to complete tasks, allow appropriate outlet for activity, do not penalize for handwriting if visual/motor deficits.
 - iv. **Organizational/Planning:** Give rules for organization, encourage use of assignment book, short term goals for projects, give assignments one at a time, visual aids, good communication with parents.
 - v. **Compliance:** Post class rules, immediate feedback, ignore minor inappropriate behavior, praise positive behavior.
 - vi. **Mood/Socialization:** reassure and encourage, look for opportunities for student to excel, encourage positive social interaction, observe for stress/frustration, teach stress/frustration management.
 - vii. **Academic Skill:** Make accommodations in areas of weakness (reading, writing, math, etc.) allow different modes of expression (written versus oral, etc.) calculator, extra completion time.
 - b. Maintain good consistent communication between staff and parents on attention concerns.

2. Potential for side effects of medications: (Check appropriate line)

_____ **Ritalin** (stimulant treatment for ADD) Side Effects- decreased appetite, insomnia or sleep disturbances, stomach pains, headache, and development of tics.

_____ **Adderal**(combination of Dextroamphetamine and amphetamine) Side Effects- dry mouth, tremors, unpleasant taste, stomach ache, anorexia, weight loss, constipation, nervousness, restlessness, dizziness, headache, difficulty sleeping, rapid, irregular heartbeat, involuntary muscle movements(tics) such as eye-blinking or grimacing.

_____ **Other:** _____

Parent Signature: _____ Date: _____

Nurse Signature: _____ Date: _____

Physician Signature: _____ Date: _____