



**Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder
 Health Care Plan**

Name: _____ D.O.B.: _____ Date: _____

Health Condition(s): **Attention Deficit Disorder(ADD)** is a learning disability which is physically based and is characterized by a pervasive inability to attend to an activity for a developmentally appropriate time.

Attention Deficit Hyperactivity Disorder(ADHD) is ADD with associated increased activity level, distractibility, and impulsiveness.

Medication(s) At School: _____ Dose: _____ Time: _____

Medication(s) At Home: _____

1. Potential for ADD/ADHD to impact learning style

a. Classroom modifications may include accommodations for:

- i. **Attention:** seat assignment (quiet, away from distractions), shorten assignments, break time, one assignment at a time, reduce repetitious homework, make eye contact, written outline, cue student to stay on task.
- ii. **Impulsiveness:** ignore minor impulsive behavior, supervise during transition times, reward positive behavior, pair student with good role model, behavior contract.
- iii. **Motor Activity:** allow student to change position periodically, shorten breaks, extra time to complete tasks, allow appropriate outlet for activity, do not penalize for handwriting if visual/motor deficits.
- iv. **Organizational/Planning:** Give rules for organization, encourage use of assignment book, short term goals for projects, give assignments one at a time, visual aids, good communication with parents.
- v. **Compliance:** Post class rules, immediate feedback, ignore minor inappropriate behavior, praise positive behavior.
- vi. **Mood/Socialization:** reassure and encourage, look for opportunities for student to excel, encourage positive social interaction, observe for stress/frustration, teach stress/frustration management.
- vii. **Academic Skill:** Make accommodations in areas of weakness (reading, writing, math, etc.) allow different modes of expression (written versus oral, etc.) calculator, extra completion time.

b. Maintain good consistent communication between staff and parents on attention concerns.

2. Potential for side effects of medications: (Check appropriate line)

_____ **Ritalin** (stimulant treatment for ADD) Side Effects- decreased appetite, insomnia or sleep disturbances, stomach pains, headache, and development of tics.

_____ **Adderal**(combination of Dextroamphetamine and amphetamine) Side Effects- dry mouth, tremors, unpleasant taste, stomach ache, anorexia, weight loss, constipation, nervousness, restlessness, dizziness, headache, difficulty sleeping, rapid, irregular heartbeat, involuntary muscle movements(tics) such as eye-blinking or grimacing.

_____ **Other:** _____

Parent Signature: _____ Date: _____

Nurse Signature: _____ Date: _____

Physician Signature: _____ Date: _____