



## Is my child too sick to attend school?

A quick reference guide to help decide if you should send your child to school or keep them home



Please **KEEP YOUR CHILD HOME** with the following symptoms:

- **FEVER** - If your child has a fever 100°F or more, keep them home until they are 24 hours fever free **WITHOUT** medicine. If your child has a fever at 2pm they may not attend school the following day.
- **DIARRHEA/VOMITTING** – Keep your child home for 24 hours from the last episode **WITHOUT** medicine. If they vomited or had diarrhea at school at 11:30 AM, they cannot come to school the next day.
- **COUGH**- A child with heavy cold symptoms, such as deep or uncontrollable coughing or significant lack of energy, belongs at home even without a fever.
- **RUNNY NOSE** – Students with a constant runny nose, especially green/yellow in color, and cannot maintain themselves needs to stay home
- **SORE THROAT**- Keep a child at home and contact a medical provider for a severe sore throat and if white spots are in the back of the throat, with or without a fever. If your student is diagnosed with **STREP THROAT**, they need to be on antibiotics for a full 24 hours before returning to school.
- **PINK EYE**- If your student has a yellow/crusty drainage coming from their eye and complaining of eye pain, please have them evaluated by a medical provider before returning to school.
- **RASH**- Do not sent a child with a rash to school until a medical provider has said it is safe to do so – especially with additional symptoms like itching, fever or appearing ill.
- **FLUID-FILLED BLISTERS OF UNKNOWN ORIGIN**- It is important to have these symptoms evaluated by a medical provider because infection can lead to serious complications.

If your child has minor symptoms (cough, headache, stomach ache, etc.) but is able to function at 75% of their usual capacity, it is OK to send them to school as long as they do not have any of the above symptoms.

Thank you for your cooperation! The school appreciates it! (Especially Nurse Renee!)

